



Freme Holidays

Established in 1971...

- a truly memorable holiday experience!

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For details, please contact us;

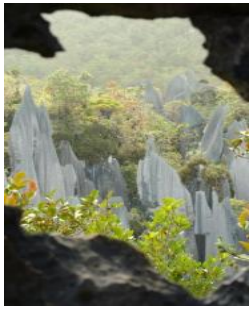
Prices are subject to change without prior notice.

FREME Travel : Kuala Belait 3335025/035 || Bandar 2234277-79 || Seria 3228171-74 || Tutong 4260519-21

Email : holidays@freme.com

JJ Tour : Kuala Belait 3333181/267 || Bandar 2453110/112/116/117

Website : www.freme.com



4 DAYS 3 NIGHTS PINNACLES

Code: MP4

FIT-MY014_310311

Validity:

01st April'10-01st March 2011

Minimum 2 persons

Include:

- Return Economy Class air ticket **MASWING**
- Transfers as stated in the package
- 3 Night accommodation
- Guide fees, Entry permit & climbing permit
- Meals & Tours as specified in itinerary.

Exclude:

- Guide tips B\$5perperson/per day
- Airport Taxes, Insurance and Fuel Surcharge B\$58 per adult/child **(Subject to change)**
- Visa fees
- Personal Travel Insurance from B\$30

Note:

No refund for unused service
Ensure valid visa to enter Malaysia.

Flights from:

Miri: MH3630 0920 - 0950
MH3655 1450 - 1520
Mulu: MH3631 1010 - 1040
MH3254 1540 - 1610

Surcharges for **Peak Season** add **B\$50** per person adult/child.

TERMS & CONDITIONS APPLY

IMPORTANT NOTICE

Rates and Tour information's are correct at the time of publishing/printing and are subject to changes without prior notice; please confirm all details at the time of booking.

Kindly note that it is the passenger's sole responsibility to Reconfirm & Recheck flight departure times at least three (3) days before departure to ensure flight timings are correct.

250210/A30/GRACE//

Rates per person in Brunei Dollars

Royal Mulu Resort			
SINGLE	TWIN SHARE	TRIPLE SHARE	QUAD
\$ 1088	\$ 745	\$ 695	\$ 678

Benarat Inn			
SINGLE	TWIN SHARE	TRIPLE SHARE	QUAD
\$ 989	\$ 630	\$ 608	\$ 589

Day 1 Miri to Mulu (Lunch, Dinner)

Depart Miri airport on MH3630hrs etd 0920hrs. Arrive Mulu airport, meet your guide. Lunch at Sg. Pala Restaurant. After lunch we proceed to visit to Deer and Lang's Cave. We trek along the plant walk (3 km) through the rainforest. Explore the largest cave passage in the world- DEER CAVE and LANG'S CAVE. Relax at the open air observatory for an opportunity witness the phenomenon exodus of BATS out of the caves, spiraling high overhead. We then returned to the Park and transfer to your accommodation.

Day 2 Batu Bungan – Penan Settlement.(Breakfast, Lunch, Dinner)

Breakfast. Take a longtail boat ride to visit Batu Bungan Penan Settlement Go by boat to the CAVE OF THE WINDS with is tall, slender stalagmites, then on to the source of the CLEARWATER RIVER, see the underground river and visit the dry passage of the LADY'S CAVE. Swim at the Clearwater Spring. After picnic lunch at the Clearwater Pavilion, continue your journey to Kuala Berar or Long Litut. The 8km trek is through beautiful rainforest and along the Litut River to Melinau Camp (Camp 5) where we stay overnight. (please bring own sleeping bag)

Day 3 Gunung Api – Pinnacles. (Breakfast, Lunch, Dinner)

Early breakfast. Begin the 2.4km steep trek to the Pinnacles viewpoint at 1750 m. along this trail are many orchids, pitcher plants and tiny Tree Shrews foraging for food. The pinnacles of Mulu National Park are a collection of 45 meter high, limestone needles that cling to the side of Gunung Api (Volcano). The hike to the viewpoint overlooking the pinnacles is a tough and challenging mountain climb. However, trekkers are rewarded with a spectacular view of a silver-grey forest of stone.Return to Camp 5 for a refreshing swim and another overnight stay.

Day 4 Long Litut – Mulu (Breakfast)

0730 hrs, breakfast. Retrace our steps back to Kuala Berar or Long Litut for a leisurely longboat ride back to Mulu Airport for your departure flight.

Items to Bring: Raincoat, Insect Repellent, Trekking Shoes, Slippers, Torchlight, Swimming Suit, Sleeping bag(camp 5),mosquito netting, water-proof bag for camera, drinking water, high energy food(chocolates, raisins, glucose) First-Aid Kit.

Additional Notes:

1. **MASWING** Air tickets are subject to changes without prior notice.
2. **Airport & Fuel surcharge** are subject to changes without prior notice.
3. Surcharges are applicable during Peak Season, Public and School Holidays.
4. We highly and strongly recommend purchasing of Travel Insurance before commencing on your holiday.
5. Benarat Inn offers basic accommodation and electricity will be switched off at midnight.
6. Prices/Rates quoted are subject to changes without prior notice.

Important Note: This package is only for the physically and mentally fit. It is recommended that those who wish to partake in this program should have themselves medically checked before attempting any mountain climb. Please refrain from climbing should you have the following: Hypertension, Diabetes, Palpitation, Heart Disease, Arthritis, Severe Anemia, Peptic Ulcers, Epileptic Fits, Chronic Asthma or any other medical ailments which may hamper the climber.