



For details, please contact us;

Prices are subject to change without prior notice.

**FREME Travel :** Kuala Belait 3335025/035 || Bandar 2234277-79 || Seria 3228171-74 || Tutong 4260519-21

**Email :** holidays@freme.com

**JJ Tour :** Kuala Belait 3333181/267 || Bandar 2453110/112/116/117

**Website :** www.freme.com



## 5 DAYS 4 NIGHTS HEADHUNTERS TRAIL

**Code: MH5**

FIT-MY016\_310311

**Validity:**

**01st April'10 - 01st March 2011**

**Include:**

MASWING Flight Miri to Mulu  
All transfers as stated in package;  
1 Night at Royal Mulu Resort; 2 nights  
at Camp 5; 1 Night at Longhouse;  
Guide fees & boat transfers; All Meals  
& Tours as specified in itinerary.

**Exclude:**

Boat fare from Limbang to Bandar Seri  
Begawan from B\$15; Guide tips of B\$5  
per person/ day; Airport Taxes,  
Insurance and Fuel Surcharge B\$58  
per adult; Personal Travel Insurance  
from B\$29; Visa.  
NO refund for any unused services.

**Things to bring:**

Torchlight/insect repellent/raincoat  
(sleeping bag/swimwear/trekking  
shoes/ Drinking bottle/Slippers/  
First Aid kit/water proof bag for  
camera/high energy food (Chocolates,  
nuts, raisins, glucose)

**Flights from: Miri-Mulu**

MH 3630 0920/0950

MH 3655 1450/1520

Surcharges for **Peak Season** add  
**B\$50** per person adult/child.

**TERMS & CONDITIONS APPLY**

### IMPORTANT NOTICE

Rates and Tour information's are correct at  
the time of publishing/printing and are  
subject to changes without prior notice;  
please confirm all details at the time of  
booking.

Kindly note that it is the passenger's sole  
responsibility to Reconfirm & Recheck flight  
departure times at least three (3) days before  
departure to ensure flight timings are  
correct.

010310/A30/GRACE//

### Rates per person in Brunei Dollars

Royal Mulu Resort			
SINGLE	TWIN SHARE	TRIPLE SHARE	QUAD
\$1279	\$1065	\$1005	\$ 908

Benarat Inn			
SINGLE	TWIN SHARE	TRIPLE SHARE	QUAD
\$1195	\$1005	\$ 939	\$ 848

#### Day 1 Miri - Mulu (Lunch, Dinner)

Depart Miri airport on MH3630hrs etd 0920hrs. Arrive Mulu airport, meet your guide and transfer to your choice of accommodation. 1200hrs - Lunch at Sg. Pala Restaurant. After lunch we proceed by van to Park HQ- Deer and Lang's Cave. We trek along the plank walk (3 km) through the rainforest. Explore the largest cave passage in the world- DEER CAVE and LANG'S CAVE. Relax at the open air observatory to witness the phenomenon exodus of BATS flying out of the caves searching for food. We then return to the Park and transfer to your accommodation.

#### Day 2 Batu Bungan - Penan Settlement.(Breakfast, Lunch, Dinner)

Breakfast. Take a longtail boat ride to visit Batu Bungan Penan Settlement Go by boat to the CAVE OF THE WINDS with its tall, slender stalagmites, then on to the source of the CLEARWATER RIVER, see the underground river and visit the dry passage of the LADY'S CAVE. Swim at the Clearwater Spring. After picnic lunch at the Clearwater Pavilion, continue your journey to Kuala Berar or Long Litut. The 8km trek is through beautiful rainforest and along the Litut River to Melinau Camp (Camp 5) where we stay overnight.(please bring own sleeping bag)

#### Day 3 Gunung Api - Pinnacles. (Breakfast, Lunch, Dinner )

Early breakfast. Begin the 2.4km steep trek to the Pinnacles viewpoint at 1750 m. Along this trail are many orchids, pitcher plants and tiny Tree Shrews foraging for food. The pinnacles of Mulu National Park are a collection of 45 meter high, limestone needles that cling to the side of Gunung Api (Volcano). The hike to the viewpoint overlooking the pinnacles is a tough and challenging mountain climb. However, trekkers are rewarded with a spectacular view of a silver-grey forest of stone. Return to Camp 5 for a refreshing swim and another overnight stay.

#### Day 4 Bala Lasong (Breakfast, Lunch, Dinner)

0730 hrs, breakfast. Walk through lowland forest. The Headhunters' Trail to Terikan River, then boat down the Terikan River and Medalam Rivers to Bala Lasong Longhouse. When head-hunting was as its height, a hundred years ago, Kayan war parties from the Baram River made their way through the Mulu area to attack Murut longhouse and Chinese farmers along the Limbang River Paddling their war canoes up the Melinau River to the Melinau Gorge, they dragged them 3 km overland to the headwaters of the Terikan River, a tributary of the Limbang. The "Kayan Road" - a 4m wide trail with poles laid across it to facilitate dragging the boats has long disappeared, but you can still see the canal they dug around Batu Rikan, where the Terikan River goes through a cave. Overnight at the Iban Longhouse.

#### Day 5 Longhouse to Kuala Mendamit - Limbang (Breakfast)

After breakfast at the longhouse by boat to Kuala Mendamit then overland transfer to Limbang for your boat trip back home to Brunei. (Please purchase your boat ticket upon arrival.)

#### Additional Notes:

1. MASWING Air tickets are subject to changes without prior notice.
2. Airport & Fuel surcharge are subject to changes without prior notice.
3. Surcharges are applicable during Peak Season, Public and School Holidays.
4. We highly and strongly recommend purchasing of Travel Insurance before commencing on your holiday.
5. Benarat Inn offers basic accommodation and electricity will be switched off at midnight.

**Important Note:** This package is only for the physically and mentally fit. It is recommended that those who wish to partake in this program should have themselves medically checked before attempting any mountain climb. Please refrain from climbing should you have the following: Hypertension, Diabetes, Palpitation, Heart Disease, Arthritis, Severe Anemia, Peptic Ulcers, Epileptic Fits, Chronic Asthma or any other medical ailments which may hamper the climber.