



# Freme Holidays

Established in 1971...

- a truly memorable holiday experience!

Book with us now!

For details, please contact us;

Prices are subject to change without prior notice.

**FREME Travel :** Kuala Belait 3335025/035 || Bandar 2234277-79 || Seria 3228171-74 || Tutong 4260519-21

**Email :** holidays@freme.com

**JJ Tour :** Kuala Belait 3333181/267 || Bandar 2453110/112/116/117

**Website :** www.freme.com

**Tour Code:**  
GITYVR121010

**Highlight:**

**Vancouver**

- Granville Island
- Lions Gate Bridge
- Salmon Hatchery
- Totem Park & Stanley Park
- Gas Town & Steam Clock

**Kamloops**

- Ginseng factory
- Adams River Sockeye Salmon Run

**Yoho National Park**

- Emerald Lake
- Natural Bridge
- Kicking Horse River

**Banff National Park**

- Banff Gondola to Sulphur Mountain
- Bow Falls
- Bow Lake
- Lake Louise
- Johnston Canyon
- Lake Peyto (open seasonal)
- Lake Louise

**Jasper National Park**

- Ice fields Parkway
- Crow Foot Glacier & Bow Lake
- Cthis olumbia Icefield
- Explorers ride to Athabasca Glacier
- Glacier National Park
- Rogers Pass

**Sicamus**

- Last Spike

**Vernon & Kelowna**

- Okanagan Lake
- Wine tasting at Summer Hill Winery
- Lake Monster

**Departure dates:**

12<sup>th</sup> -21<sup>st</sup> Oct 2010

**Minimum Group Sizes of 16 Persons**

**Package Cost:**

- Adult (Twin Shared) : B\$5,075
- Child With Bed : B\$4,636
- Child No Bed : B\$4,355 (Age below 6 years old)
- Single Occupancy : B\$5,688

**Includes:**

Return airfares on economy class, Tours & transfer as stated, meals as stated, entrance fee

**Exclude:**

Airport tax & fuel surcharge@ B\$705 (subject to change), Visa fee, Personal travel insurance, Tips@B\$110 p/pax



*It is a Phenomena that happen only one every 4 year. Don't miss this opportunity to join us on our tour to watch*

*"NATURE AT IT'S BEST"*

# Canadian Sockeye



# Salmon Run

**Day 1: Brunei → Kuala Lumpur BI875 1905-2125 (Meals on board)**

Assemble 2 hours before at Brunei airport for your flight bound for Vancouver, Canada via KL and Taipei. Will be met upon arrival in Kuala Lumpur for transit

**Day 2: Kuala Lumpur → Taipei CI722 1420-1900 → Vancouver CI032 2300-1910 → Vancouver (Meals on board/Dinner)**

Met upon arrival Vancouver, and provided with supper before checking in hotel in "Little Hong Kong:"-Richmond. 傍晚抵達温哥华後，前往享用豐富中式晚餐後，入住位於小香港之称的烈治文市内的酒店。

**Day 3: Vancouver 🚗 Kamloops 🚗 Adams River 🚗 Salmon Arm (Breakfast/Lunch/Dinner)**

We will be travelling on the trail along Trans-Canadian HiWay #1 to reach Kamloops, the Ginseng Capital of Canada by noon. Tour of the Ginseng factory and learn to learn more about how they grow & process Ginseng. After continue our drive to Adams River to see the "Spectacular "Adams River Sockeye Salmon Run" .Every 4 years Millions of Sockeye Salmon comes back to their birth place from the ocean to spawn. This phenomenon attracts half a millions of visitor from all over the world to come to see this Wonder of Nature. 早上沿橫加公路前往有加拿大西岸参之都之称的甘露市。抵達後品嚐当地人参茶及參觀工廠。了解洋参种植及生产过程。午膳後前往亚当河觀賞每四年一度的：亚当河红鲑鱼回游的大自然奇觀！数以百万计之红鲑鱼在海洋经四年成长後，回游到其出生地点产卵。每四年都吸引数十万来自世界各地的游客来至亚当河觀看此自然壮举！

**Day 4: Salmon Arm 🚗 Golden 🚗 Yoho National Park 🚗 Banff National Park (Breakfast/Lunch/Dinner)**

Our first stop this morning is the 3 Valley Gap Lake before reaching the Golden Gateway to the Rockies. "Upon arrival to Yoho National Park within the Canadian Rockies, a stop is made at Emerald Lake for its spectacular emerald green scenery. Upon entrance to Banff, see also the awesome Natural Bridge, patiently carved by the Kicking Horse River. 早上途经三峡湖後抵達往加拿大洛磯山脉的閘門~黄金镇。继往參觀位於优鹤國家公園内，享有最翠綠湖水盛名的翡翠湖。离开卑斯省前，先往觀賞天然桥的奇景。抵達亚伯达省内的班芙国家公园後，沿弓山谷前往有小瑞士之称的斑芙镇。享用豐富晚餐後，可沿镇中最繁荣地段散步及自由購物。

**Day 5: Banff 🇨🇦 Lake Louise 🇨🇦 Johnston Canyon 🇨🇦 Banff (Breakfast/Lunch/Dinner)**

This morning, we will take a Gondola ride up the Summit of Sulphur mountain for a grand view of the beautiful Mt. "Ranges surrounding Banff. After stopping at Surprise Corner & Bow Fall, we will be heading to the ""Diamond of the Rockies- Lake Louise. Take a short walk in Johnston Canyon" in the late afternoon before heading back to Banff for the night. There is an option for those who wanted to go for Hot Spring before Dinner. 早上乘坐纜車到琉璃山山頂觀看晨早的洛磯山脉围绕著斑芙。接下来前往參觀惊喜的角落及弓河瀑布。继往享有洛磯山钻石之称的露易丝湖，湖光山色使人乐而忘返！下午前往莊士頓峡谷，沿河边远足小径，前往觀賞瀑布奇景。黄昏回抵班芙後，在晚饭前可排前往泡温泉(自费)。

**Day 6: Banff 🇨🇦 Columbia Icefield 🇨🇦 Glacier National Park 🇨🇦 Sicamusff 🇨🇦 Vernon (Breakfast/Lunch/Dinner)**

Journey along the unforgettable Icefields Parkway, one of the world's most scenic drives. Stop at Crow Foot Glacier & Bow Lake along the way. Venture onto Athabasca Glacier aboard a specially-designed Ice Explorer for a once-in-lifetime tour over steep snow and ice. The Ice layer under your feet where you get off is around 300 meter thick. Travel through the Rogers Pass in Glacier National Park in the late afternoon. Before stopping in Sicamus for Local Ice-cream, will visit the Last Spike"" where the East & West Railway joined up in 1885." The day will end up in Vernon within the Okanagan Valley - Home of British Columbia Apples & Cherries! 早上沿世界上風景最秀麗的公路冰原大道前往哥伦比亚冰原。沿途观赏乌鸦爪冰河及弓湖。抵达後前往乘坐雪车登上冰河。下车後站立脚下之冰层达一百层楼厚。下午途经罗渣士峡谷通道位於冰河国家公园内。继往参观在1885年东西铁路衔接之处抵达位於卑斯省水果的故乡前，在司加姆斯可品尝当地的过百种口味的冰淇淋。

**Day 7: Vernon 🇨🇦 Kelowna 🇨🇦 Vancouver Downtown (Breakfast/Lunch/Dinner)**

We start our journey to Kelowna, stop at the Summer Hill Winery for Wine tasting and purchasing of the popular Ice Wine, in choices of Red or white available. At Lake Okanagan, we will listen to its legendary story and search for the lake monster "Ogopogo" It is a local Red Indian legend Heading back to Vancouver after lunch. Free time for shopping in the most busiest street -Robson St. in Downtown after Dinner. 早上前往有加拿大夏威夷之称的基隆拿市。參觀当地驰名的夏丘酒庄，免费品嚐其在世界各地夺取奖牌的冰酒。继而前往传说有水怪出没的Okanagan湖。印第安人传说中的水怪:Ogopogo 與苏格兰尼斯湖水湖齐名！午膳後往回温哥华。住宿市中心最繁荣的罗便臣街地段。晚膳後可自由前往購物。

**Day 8: Vancouver → Kuala Lumpur (Breakfast/Lunch/Dinner)**

Morning free, City Tour started right after Lunch. Will visit: Granville Island; then across Burrard Inlet via Lions Gate Bridge to Salmon Hatchery; Stop at Totem Park"& Prospect Point in Stanley Park with an area of 1,000 Acres; Passing by the 2nd Largest " China Town in North America then stop at Gastown . Gastown's most famous landmark is its steam-powered clock, built as a way to harness the steam and to prevent street people from sleeping on the spot in cold weather .After transfer to Airport after Dinner.

早上自由活动。午膳後展开温哥华一天遊。从格兰兰島開始，经狮子門橋前往參觀位於松鸡山的鮭魚繁殖场。占地一仟英亩地的史丹尼公园与繁华市中心只是咫尺之距。途经北美洲第二大的唐人街後，抵达温哥华市的发源地煤气镇。於1977年所建立在世界上第一座蒸气报时钟，现为温哥华城市的地标！晚膳後前往温哥华国际机场。乘坐航班回归原居地。

**Day 9: Vancouver CI031 0155/0605+1 →Taipei CI721 0820/1300 →Kuala Lumpur BI876 2205/0025 →Brunei (Meals on board)****Day 10: Brunei**

With pleasant memories of a truly memorable Canadian holiday, we hope you have an enjoyable and memorable trip with Freme Holidays! 行程结束. 希望您与“飛美假期”共享愉快的旅程!!

*We hope you have had an exciting and memorable holiday.*

\*\* In the event of discrepancy between English and Chinese Itineraries, please refer to the latter.

\*\* The sequence of the itinerary may change to ensure smooth running of the tour.

\*\* Travel Insurance is recommended before commencing of your holiday /trip.

