



Freme Holidays
your one-stop holiday specialist!

Website : www.freme.com

Email : holidays@freme.com



FREME: Kuala Belait 3335025/035 || Bandar 2234277-79
FREME: Seria 3228171-74 || Tutong 4260519-21
JJ TOUR: Kuala Belait 3333181/267 || Bandar 2453110/112/116/117



10 Days He Nan Civilization

FREME HIGHLIGHTS:

- > **See** Historical Heritage of China:
- Beijing**- Forbidden City, Great Wall, Tian'anmen
- Zhennzhou**-Erqi Memorable Tower
- Dengfeng**- Shaolin Temple, Pagoda Forest
- Luoyang**- Dragon Gate Caves, Guanlin Temple
- Jiaozuo**- Red Stone Gorge; Waterfall Gorge.
- Kaifeng**- Memorial Temple of Lord Bao
- > **Enjoy** 4 star hotel throughout the stay;
- > **Taste** Shaolin's Vegetarian meal, Baoziyan
- > **Shopping Fun** Dehua Street; Erqi Square
- > **Entertainment** Gongfu, Kaifeng Dongjing Show
- > **Luxury** ; minimal 3 compulsory Shopping stop.

SIGHTSEEING & ACTIVITIES

The **Yellow River** or **Huang He** is the 2nd-longest river in China and the 6th-longest in the world at 5,464km. It is called the "the cradle of Chinese civilization", as its the birthplace of the northern Chinese civilizations and is the most prosperous region in early Chinese history.

Altogether there are more than 2,100 grottoes at **Longmen**, with more than 100,000 statues, some 3,600 inscriptions and stelaes, and forty Buddha's stupas. Some of the inscriptions have become treasures among China's calligraphic arts, including the Tang-dynasty calligraphic work by Chu Suiliang (596-659).

YUNTAI GEOLOGICAL PARK

Yuntai Mountain is among the 1st group of world geology park, national 5A grade scenic spots, national geology park, national forest park, national water conservancy tourist attraction, national macaque protection zone, national first group natural heritage. Covering an are of 190sqm, the scenic spots is composed of many sightseeing places, such as Tanpu Gorge, Quanpu Gorge, Red Stone Gorge, Zifang Lake, Macaque Valley etc.

Local Shopping Stop

Zhennzhou: souvenir; Dengfeng: Jade; Luoyang: Tang Sanchai

Day 01

Brunei → **Singapore** → **Beijing** SQ181 1800-2010 & SQ800 0115-0720

Assemble at Brunei International Airport for your flight to Beijing (via Singapore).

Day 02

Beijing

Tian'anmen Square the World's second largest city square; **Forbidden City** (known as Imperial Palace, once the home of emperors); Enjoy evening entertainment **"Gongfu Show"**

(Breakfast/Lunch/Dinner)

Day 03

Beijing

Great Wall of China-one of the mankind's greatest engineering achievements; **Olympic Park** (Out-view) where you can visit the National Stadium **"Bird's Nest"** and the exterior of the National Aquatics Centre **"Water Cube"**

(Breakfast/Lunch/Dinner)

Day 04

Beijing → **Zhennzhou**

Take domestic flight to Zhennzhou – one of famous ancient cities in China. **Zhennong new district CBD area:** out-view of **International Exhibition & Convention Center & Henan Arena** (Art Center); Sidewalk at **Ruyi Lake** to enjoy the charm of modern Zhennzhou.

(Breakfast/Lunch/Dinner)

Day 05

Zhennzhou – Dengfeng

Zhennzhou: Cruise at **The Yellow River** (Huanghe River) –The 2nd longest river in China, just next to Yangtze River. **Dengfeng** (Known as China's Martial Art's Village): **Shaolin Temple** (return transfer by Electronic mini Couch), **Pagoda Forest (Talin)** burial ground for Shaolin eminent monks; **Shaolin kungfu performance**. **Today Shaolin delicacies: Shaolin's Vegetarian meal.**

(Breakfast/ Lunch/ Dinner)

Day 06

Dengfeng – Luoyang - Jiaozuo

Luoyang: Longmen Grottoes (return transfer by Electronic mini Couch); **Guanlin Temple** also called General Guan's Tomb; Overnight in **Jiaozuo** - the birthplace of Taichi.

(Breakfast/ Lunch/ Dinner)

Day 07

Jiaozuo – Kaifeng

Yuntaishan Scenic Area - The world geological park; **Red Stone Gorge; Waterfall Gorge (Xiao Zhai Gou)**. **Kaifeng** one of the ancient cities: **Drum Tower Millennium Night**. Enjoy **"Kaifeng Dongjing Beautiful Dream"**.

(Breakfast/ Lunch/ Dinner)

Day 08

Kaifeng – Zhennzhou

Memorial Temple of Lord Bao (Baoqintian) - the place where the famous Judge Pao handle his court cases; **Song Dynasty Royal Street; Dragon Pavilion; Yang Lake & Pan Lake**; **Today Kaifeng delicacies: Baoziyan; Erqi Memorial tower; Dehua Pedestrian Street; Erqi Square**-one of the famous business district

(Breakfast/Lunch/Dinner)

Day 09

Zhennzhou → **Beijing**

HU7338 19:00-21:00

Take domestic flight to Beijing. **Yaxiu Market**. After dinner, transfer to airport back to Brunei.

(Breakfast/ Lunch/ Dinner)

Day 10

Beijing → **Singapore** → **Brunei** SQ801 0010-0630 & SQ182 0905-1115

We hope you have an enjoyable and memorable trip with **FREME Holidays**.

Minimum Group Sizes of 16

Tour Code: GIT-PEKSERIES03	Package Include:	Package Exclude:	Date of departure
Adult (Twin share) : B\$1,945	- Return airfare on economy class	- Airport Tax & Fuel @ B\$ 467	MAR: 16-25
Child with Bed : B\$1,835	- Tours, entrances fee, meals & transfer as stated	- Tipping @ B\$ 40	JUN: 06-15
Child no Bed : B\$1,575	- Accommodation:	- Personal Travel Insurance	
Single : B\$2,145	- Local Guide	- China Visa	

**Child no bed must age below 6.
 ** Airport tax & fuel is subject to change.

** Travel Insurance is recommended before commencing of your holiday /trip
 ** The sequence of the itinerary may change to ensure smooth running of the tour.



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10天河南文化精华游

特色飞美:

- > **看** 中国历史与世界遗产:
北京-故宫, 万里长城, 天安门 开封-包公祠
郑州-二七纪念馆 洛阳-龙门石窟, 关林
登封-少林寺, 塔林 焦作-红石峡; 潭瀑峡
- > **宿** 4星级酒店
- > **尝** 少林素斋风味, 开封天下第一400多年店史
- > **乐** 德化步行街; 二七广场; 王府井; 雅秀服装市场
- > **送** 功夫秀, “开封东京梦华”
- > **轻松** 无 自费项目; 只限 3个购物站.

景点

黄河是中国第二长河, 世界第六长河(全长5464公里)。在中国历史上, 黄河沿河流域的人类文明带来很大的影响, 是中华民族最主要的发祥地之一, 所以称其为“母亲河”。

龙门石窟是中国著名的三大石刻艺术宝库之一。经过自北魏至北宋4百余年的开凿, 至今仍存有窟龕2100多个, 造像十万余尊, 碑刻题记3600余品。其中“龙门二十品”是书法魏碑精华, 唐代著名书法家褚遂良所书的“伊阙佛龕之碑”则是初唐楷书艺术的典范。

云台山是首批5A级旅游景区和全球首批世界地质公园。云台山有红石峡、潭瀑峡、泉瀑峡、青龙峡、峰林峡、猕猴谷、百家岩等11个景点, 是一处以裂谷构造、水动力作用和地质地貌景观为主, 以峰谷交错、绝壁林立与飞瀑流泉、清溪幽潭为特色, 集美学价值与科学价值于一身的综合性风景名胜。

购物点:

郑州: 土特产店; 登封: 玉店; 洛阳: 唐三彩

第01天

汶莱 ✈️ 新加坡 ✈️ 北京 SQ181 1800-2010 & SQ800 0115-0720
请集合于汶莱国际机场, 启程飞往北京(经新加坡)

第02天

北京 (早餐/午餐/晚餐)
抵达北京后, 接机游览天安门(世界最大的城市广场)和故宫(以往是皇帝之殿)。晚上欣赏功夫表演。
北京 (早餐/午餐/晚餐)

第03天

早餐后游览长城。外景北京奥林匹克公园的“鸟巢即国家大剧院”, “水立方即国家游泳中心”。雅秀服装市场

第04天

北京 ✈️ 郑州 (早餐/午餐/晚餐)
乘搭国内航班抵达郑州—中国八大古都之一。游览郑东新区CBD区, 外观国际会展中心, 河南小巨蛋(艺术中心), 如意湖畔自由漫步, 领略现代郑州的魅力。

第05天

郑州 — 登封 (早餐/午餐/晚餐)
乘坐独一无二的黄河气垫船观赏中国第二长河川—黄河风景区; 之后赴中国武术之乡—登封, 参观少林功夫的发源地—少林寺 (含双程电瓶车), 埋葬少林寺历代高僧僧骨的地方—塔林。晚餐品尝少林素斋风味。

第06天

登封 — 洛阳 — 焦作 (早餐/午餐/晚餐)
前往九朝古都—洛阳, 抵达后参观中国三大石窟艺术宝库之一的龙门石窟(含双程电瓶车); 武圣关羽的首级所葬占之地—关林; 之后赴太极拳的发源地—焦作

第07天

焦作 — 开封 (早餐/午餐/晚餐)
游览世界地质公园—云台山景区, 欣赏称赞为“自然山水精品长廊”的红石峡—纹盘峪。游览大自然的杰作—潭瀑峡(小寨沟), 它三步一泉, 五步一瀑, 十步一潭, 呈现出千变万化的飞瀑, 走泉, 彩潭和山石景观。之后赴七朝古都开封, 晚餐后, 欣赏大型水上实景演出[开封东京梦华]

第08天

开封 — 郑州 (早餐/午餐/晚餐)
包公祠—包大人办案的地方; 宋都御街—北宋东京城最繁华的街道, 也是宋代的皇帝御道; 龙亭—北宋皇宫遗址; 杨家湖和潘家湖。返回郑州后, 参观二七纪念馆; 德化步行街自由购物, 郑州最繁华的商业圈—二七广场自由购物。

第09天

郑州 ✈️ 北京 HU7338 19:00-21:00
早餐后, 乘坐早班机前往北京后, 逛雅秀服装市场。晚餐后, 送机返回温馨美丽家园—汶莱。

第10天

北京 ✈️ 新加坡 ✈️ 汶莱 SQ801 0010-0630 & SQ182 0905-1115
希望您与“飞美假期”共享愉快的旅程

团体人数最少16人

Tour Code: GIT-PEKSERIES03	Package Include:	Package Exclude:	Date of departure
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