



## B18 TEMBURONG HIGHLIGHTS

Tour Code: B18 | Type: 2 days 1 night | Minimum 2 Persons | Departure: 0715 Daily

**Overview:** We begin this adventure by taking a speedboat that will rush us through the narrow mangrove channels leading into the Brunei Bay where we may see the local wildlife as they wake up to the morning sun and look for things to eat. Upon arrival in Bangar, Temburong, we will take land transport to Freme Rainforest Lodge in Batang Duri for some morning tea before taking the longboats up to the Ulu Temburong National Park. After registration at the Park Headquarters, we will take a walk on elevated walkways to reach the Canopy Walkway which reaches 40 meters above the ground.

After the exhilarating walk, we will make our way back to the Freme Rainforest Lodge (Rafting and Kayaking are optional) where we will have lunch before settling in to the air-conditioned accommodation. The afternoon is free at leisure, and in the evening there will be a night walk after a beautiful barbeque dinner.

The next morning, we serve some light breakfast before leaving the Freme Rainforest Lodge to go see the sunrise from a nearby hill. After the main breakfast, we will take you through the Freme Adventure Park where you can ascend to our High Observation Deck and return to the Lodge via Flying Fox (Zipline). After lunch we will make our way back to Bangar to catch a speedboat back to Bandar Seri Begawan.

## 1<sup>st</sup> Day

<u>Time</u>	<u>Program</u>
0800	Depart Bandar Seri Begawan (BSB) by Speed Boat from Jalan Residency
0845	Arrive at Bangar, Temburong
0915	Arrive at Freme Rainforest Lodge <ul style="list-style-type: none"> <li>- Morning tea</li> <li>- Introduction and Safety Briefing</li> </ul>
0945	Depart by Longboat to Ulu Temburong National Park
1045	Arrive at National Park Centre <ul style="list-style-type: none"> <li>- Registration</li> <li>- Walk on elevated pathways to climb Canopy Walkway</li> </ul>
1215	Depart to Freme Rainforest Lodge (Optional Rafting / Kayaking)
1330	Lunch at Freme Rainforest Lodge <ul style="list-style-type: none"> <li>- Settle into accommodation</li> <li>- Free &amp; Easy</li> </ul>
1900	Barbecue Dinner <ul style="list-style-type: none"> <li>- Followed with a night trail walk</li> <li>- Overnight at Freme Rainforest Lodge</li> </ul>

## 2<sup>nd</sup> Day

<u>Time</u>	<u>Program</u>
0500	Rise, Light Breakfast <ul style="list-style-type: none"> <li>- Sunrise Hike</li> </ul>
0800	Breakfast and Pack <ul style="list-style-type: none"> <li>- Free and Easy</li> </ul>
1000	Freme Adventure Park Activities <ul style="list-style-type: none"> <li>- High Observation Deck</li> <li>- Flying Fox</li> </ul>
1200	Lunch at Freme Rainforest Lodge
1300	Depart Freme Rainforest Lodge
1330	Visit Iban Longhouse
1415	Depart from Bangar by speed boat to Bandar Seri Begawan (BSB)
1500	Arrive at Bandar Seri Begawan (BSB)

### Information:

You will be in the outdoors all day. The environment may be effected by heat, cold, rain, and sun. The river could be high or low depending upon recent rain falls. The program may need to adjust to these conditions and the interests/abilities of your group. Our staff will advise you of the current conditions and whether these might alter your schedule, if necessary.

Life jackets, helmets, other safety equipment and activity operating practices are all in line with recognised international standards.

Temburong is remarkably free of biting insects and most people don't use any insect repellent. But some people are more susceptible than others, so bring your favourite insect repellent that works for you.

### We will provide:

All meals and morning / afternoon teas . All transport - Road and River.Lots of thing to see and do. A trained guide to describe the area and its wildlife. All safety equipment. 1 mineral water bottle per person. Air conditioned bunkroom style accommodation. Beds, beddings, sheets, etc. National Park entrance fee.

### What to bring:

- ✓ Comfortable clothing that can get wet or dirty
- ✓ A change of dry clothes for the trip home (optional)
- ✓ Lots of sun protection.
- ✓ Old shoes (that can get wet and dirty) with a good grip for walking over slippery ground.
- ✓ Swimmers and small towel.
- ✓ Camera
- ✓ An effective sun hat (preferably with chin strap)
- ✓ Some small snacks if you think you'll get hungry on route (please don't drop the wrappers).
- ✓ Plastic bags to waterproof your valuable items (e.g. camera) on the river trips
- ✓ Your favorite insect repellent
- ✓ Your sense of adventure