



## ITINERARY

### FRL-18A (Sg Apan 2 Days 1 Night Package)

#### DAY 1

- 08:30 Meet at Freme Rainforest Lodge.
- 09:00 Morning Tea and Pre Departure to National Park by Longboat.
  - Registration.
  - Longboat Ride to Sg Apan - visit waterfalls
  - #Light refreshment provided
  - Rafting/ Kayaking
- 14:30 Local Cooked Lunch at Rainforest Lodge.
  - Free and Easy afterwards
- 16:30 Afternoon Tea.
  - Overnight at Freme Rainforest Lodge. (Bunker Beds)
  - Barbecue Dinner, Night Walk

#### DAY 2

- 05:00 Wake up call.
- 05:30 Morning walk to sunrise view.
- 08:00 Local Breakfast.
- 09:00 Freme Adventure Activities. (Multi Tower Activities, Zipline)
- 12:00 Lunch at Freme Rainforest Lodge.
  - Free and Easy.
- 15:30 Depart Lodge to Bandar Seri Begawan/ End of Services.

\*Itinerary is subject to change without prior notice\*

NOTE : We will also be providing morning tea and local cooked lunch.  
Please advise if you have any allergies or any other dietary requirements.

# Chasing the Waterfalls at Sg Apan

	WEEKDAYS (Monday - Thursday)	WEEKEND & PUBLIC HOLIDAY
PER PAX Min 6 pax to go	<b>B\$199</b>	<b>B\$210</b>
<b>**NO CHILD BELOW 10 YRS OLD FOR THIS TRIP</b>		

#### What to Bring?

To make your trip to the rainforest more comfortable, you may want to bring along the following items:

- Sunblock/Insect Repellent
- A Hat/Cap
- Poncho & Extra Clothes
- Cell Phone/Camera to take photos
- Zip Lock Bag to waterproof your valuables
- Own drinking water bottle

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BANDAR : 223 4277/78/79

KB : 333 5025/35  
SERIA : 322 8171/72/73/74

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