



## FREE AND EASY DAY TRIP

Tour Code: FRL 16B | Tour Duration: 6 hours  
Min 2 persons | Departure: 0700 Daily

Prices from: BND115 (Adult), BND71 (Child)  
\*Rates does not apply to cruise passengers from Muara Port



### OVERVIEW

On this relaxing tour after your morning tea at Freme Rainforest Lodge, ride on the longboat up stream to enjoy chill at the Sungai Licak waterfall (Natural Fish Spa) & OBBD Waterfall. On return, you will be serve local lunch at riverbank of Rainforest lodge. After lunch, free at leisure to explore Freme Adventure Park .

| TIME | PROGRAM   |
|------|---|
| 0700 | Depart from hotel.  |
| 0830 | Arrive at Freme Rainforest Lodge.                         |
| 0900 | Morning tea.<br>• Registration & safety briefing          |
| 1000 | Travel up stream by longboat (temuai) to waterfall.       |
| 1030 | Arrive at the waterfall (OBD/ Sg Licak)<br>• Swim & relax |
| 1230 | Depart by temuai to Rainforest Lodge.                     |
| 1300 | Arrive at Freme Rainforest Lodge.<br>• Lunch              |
| 1400 | Depart lodge to Bandar Seri Begawan/<br>End of services.  |



Waterfall

### WHAT TO BRING?

To make your trip to the rainforest more comfortable, you may want to bring along the following items:

- Sunblock/ Insect repellent. (*unscented is preferred*)
- Cellphone/ Camera to take photos.
- A Hat/ Cap. (*preferably with chin strap*)
- Poncho in case of rain. (*umbrella don't work*)
- Extra clothes. (*you may want to freshen up before returning to the city*)
- Zip lock bag to waterproof your valuables.
- Own drinking water bottle. (*can be refilled at the lodge*)

\*Itinerary is subject to change without prior notice.

NOTE : Please advise if you have any allergies or any other dietary requirements.



Morning Tea

**TERMS AND CONDITIONS** | Freme Travel will make every effort to operate all tours as advertised but we reserve the right to cancel or change when in its best judgement, road conditions, weather, boating schedules or other circumstances deem it to be necessary. In participating in the activities, certain injuries or unfortunate outcomes may arise from the customer's action(s) or inaction(s) or negligence, carelessness or inadvertence or failure to adhere to the rules and instructions of the Travel Agent for the particular activities. The customer assumes all related risks in participation in the activities and therefore waive and release Freme Travel from all claims for any injuries and damages, inconvenience suffered, pecuniary and non-pecuniary losses, any actions or demands of whatsoever arising from Freme Travel or its employees or agent's negligence or inadvertence. The customer confirms that he or she have read the terms herein and understand the legal consequences of releasing Freme Travel from all liability and assuming all risks of participating in the activities. It is the customer's responsibility to ensure that he or she is medically capable of completing the tour and are physically and medically fit to participate in the activities. The customer is not entitled to any refund for any part of the tour that is missed due to sickness, illness or injury or due to other circumstances outside the control of Freme Travel.