

CHASING THE WATERFALLS

AT SG APAN

Promo Rates
Applicable For
Local
Resident
Only

	WEEKDAYS (Monday - Thursday)	WEEKEND & PUBLIC HOLIDAY
PER PAX Min 6 pax to go	B\$199	B\$210
**NO CHILD BELOW 10YRS OLD FOR THIS TRIP		

ITINERARY (FRL18A)

DAY 1

- 08:30 Arrive at Freme Rainforest Lodge.
 - Morning tea, registration and safety briefing
- 09:30 Travel up stream by longboat (temuai) to Sg Apan.
 - Visit waterfalls (*light refreshment provided*)
 - Rafting/ Kayaking
- 14:30 Local cooked lunch at the lodge.
 - Free and easy afterwards
- 16:30 Afternoon tea.
 - Overnight at the lodge. (Bunker Beds)
 - Barbecue dinner, night walk

DAY 2

- 05:00 Wake up call.
- 05:30 Morning walk to sunrise view.
- 08:00 Local breakfast.
- 09:00 Freme Adventure activities
 - Multi tower activities, Zipline
- 12:00 Lunch at the lodge.
 - Free and easy.
- 15:30 Depart lodge to Bandar Seri Begawan/ End of services.

Itinerary is subject to change without prior notice

NOTE : We will also be providing morning tea and local cooked lunch.
Please advise if you have any allergies or any other dietary requirements.

WHAT TO BRING?

To make your trip to the rainforest more comfortable, you may want to bring along the following items:

- Sunblock/Insect Repellent
- Cell Phone Camera
- Poncho & Extra Clothes
- Zip lock bag to waterproof your valuables
- A Hat/Cap
- Own drinking water bottle



*All activities
are in compliance
with Ministry Of
Health's SOP



CONTACT US

INBOUND : 223 4280-81
BANDAR : 223 4277-79
KUALA BELAIT : 333 5025/35
SERIA : 322 8171-74
EMAIL : fremeinb@brunet.bn
INSTAGRAM : [freme_holidays](https://www.instagram.com/freme_holidays)
[freme_rainforest_lodge](https://www.instagram.com/freme_rainforest_lodge)



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